Sisters of the Yam, bell hooks

Last Standing Woman, Winona LaDuke

Braiding Sweetgrass, Robin Wall Kimmerer

The Body Keeps the Score, Bessel van der Kolk

My Grandmother’s Hands, Resmaa Menakem

Imprint: A Memoir of Trauma in the Third Generation, Claire Sicherman

Survivor Cafe: The Legacy of Trauma and the Labyrinth of Memory, Elizabeth Rosner

Healing Through the Dark Emotions, Miriam Greenspan

A Fierce Heart, Spring Washam

Trauma and Recovery, Judith Herman

“Pregnancy loss is a most enigmatic human sorrow, unique to every woman who suffers it. These stories of resilience, grief, and restoration are essential, for to understand is to heal.” —LOUISE ERDRICH

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